# **Benefits Booklet**

August's Harvest Inc.

Group Policy Number: G0105387 Class: A - All Employees

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## A message from your plan sponsor

August's Harvest Inc. is pleased to be able to offer you medical and financial security by sponsoring your group benefits program. We have selected Manulife Financial as a partner to help us deliver the program. They are committed to providing excellent service for us.

At this point, you will have received some basic information about how you can connect with Manulife Financial and how to submit claims. Now, I would encourage you to spend a few moments reviewing our plan's coverage so you can better understand what's available. You'll learn about not only the more routine things, but also about some of the benefits available that you may need to draw on in a time of crisis. Your plan is here to offer you some support in the event you encounter unforeseen circumstances in the future.

After reviewing the coverage, if you have any questions, check in with our plan administrator.

Core Coverage and Services

Your plan sponsor has chosen to offer the following benefits to form the coverage in this program:

# Dental

Benefit Details	Your Plan's Coverage
Waiting Period	3 months
Deductible	None
Dental Fee Guide	Current Fee Guide for General Practitioners for your Province of Residence  If you reside in Alberta, the current Fee Guide is considered to be the 1997 Alberta Dental Association Fee Guide for General Practitioners plus inflationary adjustment as determined by Manulife Financial
Coverage ends	At the earlier of age 75 or your retirement
Combined Maximum applies to:  Level I  Level II  Level III  Level IV	\$1,500 per calendar year

Benefit Details	Your Plan's Coverage
Level I - Basic Services	
Includes items such as:	
complete oral exam, one per 2 calendar years	
full-mouth x-rays, one per 2 calendar years	
one unit of light scaling and one unit of polishing once every 9 months, when the service is performed outside Quebec, or prophylaxis once every 9 months, when the service is performed in Quebec	
bitewing x-rays, two films, once every 9 months	
recall exams, and fluoride treatments, once every 9 months (fluoride treatments are a covered expense for dependant children under 19 years of age)	
routine diagnostic and laboratory procedures	
fillings, retentive pins and pit and fissure sealants. Replacement fillings are covered provided:  - the existing filling is at least 12 months old and must be replaced either due to significant breakdown of the existing filling or recurrent decay, or  - the existing filling is amalgam and there is medical evidence indicating that the patient is allergic to amalgam	100% to a combined maximum of \$1,500 per calendar year
pre-fabricated full coverage restorations (metal and plastic)	
space maintainers (appliances placed for orthodontic purposes are not covered)	
minor surgical procedures and post surgical care	
extractions (including impacted and residual roots)	
consultations, anaesthesia, and conscious sedation	
denture repairs, relines and rebases, only if the expense is incurred later than 3 months after the date of the initial placement of the denture	
injection of antibiotic drugs when administered by a Dentist in conjunction with dental surgery	
Level II - Supplementary Services	
Includes items such as:	
surgical procedures not included in Level I (excluding implant surgery)	
periodontal services for treatment of diseases of the gums and other supporting tissue of the teeth, including: - scaling not covered under Level I, and root planing, up to a combined maximum of 6 units per calendar year(s); - provisional splinting; and - occlusal equilibration, up to a maximum of 8 units per calendar year(s)	100% to a combined maximum of \$1,500 per calendar year
endodontic services which include root canals and therapy, root amputation, apexifications and periapical services	
root canals and therapy are limited to one initial treatment plus one re-treatment per tooth per lifetime	
re-treatment is covered only if the expense is incurred more than 12 months after the initial treatment	

Benefit Details	Your Plan's Coverage
Level III - Dentures Includes items such as:	
initial provision of full or partial removable dentures	
replacement of removable dentures, provided the dentures are required because: - a natural tooth is extracted and the existing appliance cannot be made serviceable; - the existing appliance is at least 60 months old; or - the existing appliance is temporary and is replaced with the permanent dentures within 12 months of its installation	50% to a combined maximum of \$1,500 per calendar year
dentures required solely to replace a natural tooth which was missing prior to becoming insured for this eligible expense, are not covered	
Level IV - Major Restorative Services	
Includes items such as:	
crowns and onlays when the function of a tooth is impaired due to cuspal or incisal angle damage caused by trauma or decay	
inlays, covering at least 3 surfaces, provided the tooth cusp is missing	
initial provision of fixed bridgework	50% to a combined maximum of \$1,500 per calendar year
replacement of bridgework, provided the new bridgework is required because: - a natural tooth is extracted and the existing appliance cannot be made serviceable; - the existing appliance is at least 60 months old; or - the existing appliance is temporary and is replaced with the permanent bridge within 12 months of its installation	30 % to a combined maximum or \$1,000 per calendar year
bridgework required solely to replace a natural tooth which was missing prior to becoming insured under this Plan is not covered	

## **Benefit Details**

## Your Plan's Coverage

## **Exclusions**

No Dental Care benefits will be payable for expenses resulting from:

self-inflicted injuries

war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion

the committing of or the attempt to commit an assault or criminal offence

injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol

dental care which is cosmetic, unless required because of an accidental injury which occurred while the patient was insured under this benefit anti-snoring or sleep apnea devices

broken dental appointments, third party examinations, travel to and from appointments, or completion of claim forms

services which are payable by any government plan

services or supplies provided by an employer's medical or dental department

services or supplies for which no charge would normally be made in the absence of insurance

treatment rendered for a full mouth reconstruction, for a vertical dimension or for a correction of temporomandibular joint dysfunction

replacement of removable dental appliances which have been lost, mislaid or stolen

laboratory fees which exceed reasonable and customary charges

services or supplies which are performed or provided by the insured person, an immediate family member or a person who lives with the insured person

implants, or any services rendered in conjunction with implants. However, where an implant is the choice of treatment and a denture or bridge would produce professionally adequate results for the condition, Manulife Financial will pay the cost of the implant expense and any related services, at a cost equal to the least expensive cost of a denture or bridge

treatment which is not generally recognized by the dental profession as an effective, appropriate and essential form of treatment for the dental condition

services or supplies which are not specified as a covered expense under this benefit

If you anticipate charges for any treatment to exceed \$500, please submit a pre-treatment plan before receiving the service so you can understand what portion your plan may cover

Your plan will pay benefits for the least expensive course of treatment when there are two or more courses of treatment covered that would produce professionally adequate results for a given condition. Manulife's professional dental consultant will aid in evaluating the various courses of treatment available to determine which is professionally adequate.

If you apply for coverage for Dental insurance for yourself or your dependants late, Late Dental Application insurance will be limited to \$125 for you and \$125 for each of your dependants for the first 12 months of coverage.

All claims must be submitted within 12 months after the date the expense was incurred. However, upon termination of your insurance, all claims must be submitted no later than 90 days from the termination date.

## **Extended Health Care Benefit**

This benefit has many components that extend your coverage to a wide variety of health care providers and services. Under the broad category there may be coinsurances, deductibles, maximums and limitations that apply to specific components of the coverage.

This Plan will not automatically assume eligibility for all drugs, services and supplies prescribed. New drugs, existing drugs with new indications, services and supplies are reviewed by Manulife Financial using the due diligence process. Once this process has been completed, the decision will be made by Manulife Financial to include, include with prior authorization criteria, exclude or apply maximum limits.

Benefit Details	Your Plan's Coverage
Waiting Period	3 months
Maximum	Unlimited
Deductible	Nil
Co-insurance	100% for Hospital Care, Vision 80% for Drugs, Medical Services & Supplies, Professional Services  Note: The Co-insurance applicable to Private Duty Nursing Services is shown below under EHC - Medical Supplies and Services.
Coverage Ends	At the earlier of age 75 or your retirement

## **Benefit Details**

## Your Plan's Coverage

## **Exclusions**

No Extended Health Care benefits are payable for expenses related to:

self-inflicted injuries

war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion

committing or attempting to commit an assault or criminal offence

injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol

an illness or injury for which benefits are payable under any government plan or workers' compensation

charges for periodic check-ups, broken appointments, third party examinations, travel for health purposes, or completion of claim forms

services or supplies provided by an employer's medical or dental department

services or supplies for which no charge would normally be made in the absence of insurance

services and supplies where reimbursement would have been made under a government-sponsored plan, in the absence of insurance

services or supplies which are not permitted by law to be paid

services or supplies which are required for recreation or sports

services or supplies which would have been payable by the Provincial Plan if proper application had been made

medical treatment which is not usual or customary, or is experimental or investigational in nature

medical or surgical care which is cosmetic

services or supplies which are performed or provided by the insured person, an immediate family member or a person who lives with the insured person

services or supplies which are provided while confined in a hospital on an in-patient basis

services or supplies which are not specified as a covered expense under this benefit

drugs determined to be ineligible as a result of due diligence

All claims must be submitted within 12 months after the date the expense was incurred. However, upon termination of your insurance, all claims must be submitted no later than 90 days from the termination date.

## **Benefit Details** Your Plan's Coverage No Substitution Prescriptions - If your prescription contains a written direction from your physician or dentist that the prescribed drug is not to be substituted with another Prescription Drugs with Generic Substitution product, the maximum amount covered is the price of the lower cost alternative drug that can legally be used to fill Includes the following drug classes: the prescription, as listed in the Provincial Drug Benefit Formulary or a lower cost alternative that provides therapeutically similar results as identified by Manulife oral contraceptives Financial. life-sustaining drugs injectable medications (charges made by a practitioner or physician If there is no lower cost alternative drug for the prescribed to administer injectable medications are not covered) drug, the amount payable is based on the cost of the standard syringes, needles and diagnostic aids, required for the prescribed drug. treatment of diabetes No coverage for / excludes: Reimbursement at the cost of a prescribed drug, where a lower cost alternative drug is available, will only be considered if medical evidence is provided by the treating preventive vaccines and medicines (oral or injected) physician to support why the lower cost alternative drug fertility drugs cannot be tolerated or is ineffective. anti-smoking drugs anti-obesity drugs There is a limitation on quantity of drugs that can be sexual dysfunction drugs dispensed and claimed at one time, to the lesser of: drugs, biologicals and related preparations which are administered in hospital on an in-patient or out-patient basis a) the quantity prescribed by the Physician or Dentist; or drugs determined to be ineligible as a result of due diligence cotton swabs, rubbing alcohol, automatic jet injectors and similar b) a 34 day supply; or equipment used in the treatment of diabetes charges to administer serums, vaccines & injectable drugs c) up to a 100 day supply may be payable in long term experimental or investigational drugs not approved as an effective, therapy where the larger quantity is recommended as appropriate and essential treatment of an illness or injury appropriate by the Physician and the Pharmacist. natural health products (products with a NPN) If you are a Quebec resident, your plan's coverage will coordinate with RAMQ.

Benefit Details	Your Plan's Coverage
Prescription Glasses, Contact Lenses, Laser Eye Surgery, Eye Exams, Visual Training	\$200 per 2 calendar year(s) for prescription glasses, elective contact lenses , repairs and elective laser vision correction procedures
	If contact lenses are required to treat a severe condition, or if vision in the better eye can be improved to a 20/40 level with contact lenses but not with glasses, the maximum payable will be \$200 during any 2 calendar year(s)
	Eye Exams - once per 2 calendar year(s)
	Visual Training - \$200 per lifetime
	Find out about discounts available to you through Manulife Financial's relationship with Preferred Vision Services (PVS).

# EHC - Health Care Professionals (Professional Services)

80% Co-insurance

Benefit Details	Your Plan's Coverage
	\$400 per calendar year(s) for Chiropractor
	\$400 per calendar year(s) for Osteopath
	\$400 per calendar year(s) for Podiatrist/Chiropodist
	\$400 per calendar year(s) for Massage Therapist
	\$400 per calendar year(s) for Naturopath/Dietician
	\$400 per calendar year(s) for Speech Therapist/Audiologist
	\$400 per calendar year(s) for Physiotherapist/Athletic Therapist
Services provided by the following licensed practitioners:	\$400 per calendar year(s) for Psychologist/Social Worker
Chiropractor, Osteopath, Podiatrist/Chiropodist, Massage Therapist, Naturopath/Dietician, Speech Therapist/Audiologist, Physiotherapist/Athletic Therapist, Psychologist/Social Worker, Acupuncturist	\$400 per calendar year(s) for Acupuncturist
	The maximum for each specialty includes one x-ray (\$25 maximum) per calendar year.
	Expenses for some of these professional services may be payable in part by provincial plans. Coverage for the balance of such expenses prior to reaching the provincial plan maximum may be prohibited by provincial legislation. In those provinces, expenses under this benefit program are payable after the Provincial Plan's maximum for the benefit year has been paid.
	Recommendation by a physician for Professional Services is not required.

## **EHC - Medical Supplies and Services**

80% Co-insurance (unless otherwise stated)

manual hospital beds

For all medical equipment and supplies, coverage is limited to the cost of the device or item that adequately meets the patient's fundamental medical needs.

Benefit Details	Your Plan's Coverage
Private Duty Nursing Services	
Provided by a registered nurse or registered nursing assistant who has completed an approved medications training program	100% Co-insurance
Excludes:	\$10,000 per calendar year(s)
custodial care, homemaking duties or supervision	
services performed by a nurse practitioner who is an immediate family member or who lives with the patient	
services performed while confined to a hospital, nursing home or other similar institution  services that could be performed by a person with lesser qualifications, a relative, a friend or a member of the patient's household	Submit a detailed treatment plan estimate before Private Duty Nursing services begin so we can advise you of what benefit may be provided.
Hearing Aids	\$500 per 5 calendar year(s)
	Includes cost, installation, repair and maintenance of Hearing Aids (including charges for batteries)
Orthopaedic Shoes/Orthotics	\$150 per calendar year(s) for Stock-item Orthopaedic Shoes  Custom Made Shoes which are required because of a medical abnormality that, based on medical evidence, cannot be accommodated in a stock-item orthopaedic shoe or a modified stock-item orthopaedic shoe, up to a maximum of 1 pair per calendar year (must be constructed by a certified orthopaedic footwear specialist)  \$400 per 3 calendar year(s) for Custom Made Orthotic Foot Appliances  Must be recommended by a physician or podiatrist.
Medical Equipment	4 per calendar year for surgical brassieres
Includes items such as:	\$250 per lifetime for wigs and hairpieces
ambulance (licensed including air ambulance, provided in province of residence) mobility equipment (crutches, canes, walkers, wheelchairs)	

Benefit Details	Your Plan's Coverage
respiratory and oxygen equipment	
other equipment usually found only in hospitals	Medical equipment dispensed by a hospital is not an
non-dental external prostheses	eligible expense.
braces (other than foot braces), trusses, collars, leg orthosis, casts and splints	
ileostomy, colostomy and incontinence supplies	In the province of Quebec, microscopic and other similar diagnostic tests and services rendered in a licensed
medicated dressings and burn garments	laboratory are included.
oxygen	,
charges for the treatment required as a result of an injury to natural teeth or jaw	Accidental dental treatment must be provided within 12
surgical brassieres	months of the accident. Injuries sustained while biting or
wigs and hairpieces for temporary hair loss associated with medical treatment	chewing are not covered.
Surgical Stockings	\$400 per calendar year

# EHC - Hospital

100% Co-insurance

Benefit Details	Your Plan's Coverage
General or Rehabilitation hospitals	in a Semi-Private Room     in excess of the hospital's public ward charge
	Manulife Financial will coordinate payment after any provincial plan coverage has first been applied.

# EHC - Medical and Non-Medical Travel Emergencies

Benefit Details	Your Plan's Coverage
Emergency medical coverage  Conditions:  Coverage is for immediate medical treatment required for: - a sudden, unexpected injury or a new medical condition which occurs while an insured person is travelling outside of their province of residence; or - a specific medical problem or chronic condition that was diagnosed but medically stable prior to departure.  Coverage is available for medical emergencies related to pregnancy as long as travel is completed at least 4 weeks before the due date.  Valid Government Health Insurance Plan (GHP) coverage is required for you and your dependants.	Coverage is limited to 60 days per trip.  Stable means in the 90 days before departure, the insured person has not:  been treated or tested for any new symptoms or conditions; had an increase or worsening of any existing symptoms; changed treatments or medications (other than normal adjustments for ongoing care); been admitted to the hospital for treatment of the condition.  Coverage is not available if you (or your dependant) have scheduled non-routine appointments, tests or treatments for the condition or an undiagnosed condition.  A medical emergency ends when the attending physician feels that, based on the medical evidence, a patient is stable enough to return to their home province or territory.  You are typically responsible for payment of medical expenses amounting to less than \$200 CDN. When you return from your trip, you can submit a claim to be reimbursed for those expenses through the normal claim submission process.  For charges over \$200 CDN, contact the service partner shown on your benefits card as soon as possible to arrange for payment directly to the treating physician or facility.
Non-Emergency medical coverage  Conditions:  recommendation by a practicing physician in Canada is required suggests that you submit a detailed treatment plan with cost estimates before treatment begins. You will then be advised of any benefit that will be provided.	50% with a maximum of \$3,000 every 3 calendar year(s)

Benefit Details	Your Plan's Coverage
	100% with all maximums below stated in Canadian Funds.
Emergency Travel Assistance	\$1,000 for return of vehicle
Including:	\$2,000 for meals and accommodations
24 hour access to multi-lingual service representatives referral to local medical care and treatment monitoring	\$5,000 for return of deceased
payment of medical bills, medical transportation, return home of dependant children, visit by a family member, trip interruption/delay coverage, support through convalescence after hospital discharge, identification and/or return of a deceased traveller, meals and accommodation, vehicle return, pre-trip advice on passport, visa, vaccination and inoculation requirements for a destination, assistance in replacing lost documents and tickets, referral to legal assistance in your foreign destination, telephone interpretation service, emergency message service, and	\$5,000 for Trip Cancellation (see Trip Cancellation for additional information)
	See Emergency Travel Assistance for additional information, a list of phone numbers for frequent Canadian travel destinations and for participating countries.

# Health for Life® - Resources to help you and your family maintain overall good health and wellness

Benefit Details	Your Plan's Coverage	
Your plan also includes access to services and information you and your family can use to live healthier lives. You can access these services on the Plan Member Secure Site.		
Health eLinks® - Online resources for better health		
Take the first step toward healthier living through online tools and resources such as:		
Health Risk Assessment		
Health Library, including:		
Conditions database	Included and available on the Plan Member Secure Site	
Medications database		
Tests and procedures database		
Health features		
Personal Health Improvement Program		

## Counselling Services [Workplace Advisor]

Your plan also includes access to services and information you will use to help you live a healthier life. You can access these services on the Plan Member Secure Site.

Benefit Details	Your Plan's Coverage
Short term counselling for you and any dependents for a wide range of issues from psychological problems to addictions, and from family and marital concerns to nutritional counselling for example.	Approximately 4 to 6 hours of short-term counselling for an unlimited number of issues.  You can receive counselling by phone, online or in person.
Online self-help courses on a variety of topics including but not limited to:	To access counselling services online:
Embracing Workplace Change     Taking Control of Stress / Taking Control of Your Mood     Taking Control of Job Loss / Taking Control of Your Career     Taking Control of Alcohol Use     Foundations of Effective Parenting	Visit the Plan Member Secure Site  To access any of the Workplace advisor services by phone:
Resolving Conflict in Intimate Relationships  Database to search for childcare or eldercare resources in your area	Call 1-866-644-0326 to reach a representative any time, 24 hours a day.  If you use a TTY/TDD device, call 1-888-384-1152.

Personalized information and tools that are selected by counselling professionals with your best interests in mind.

## Health Service Navigator®

Whether you or a family member have been diagnosed with a critical or chronic health condition, or you are simply curious about the services available in your area, Health Service Navigator® points you to agencies or resources that may be able to provide the information you need, including:

tips and tools you can use to navigate through the Canadian health care landscape

a national physician search database

provincial health plan information

health, medical condition, treatment plan options and medication information you can trust, and

a second medical opinion service for times when you may want to double check a serious medical diagnosis you, your spouse or your child has received

With the exception of the second opinion service (which is available by phone only), Health Service Navigator tools are all available for you or your spouse or children any time on the Plan Member Secure Site.

# Long-Term Disability

Benefit Details	Your Plan's Coverage
Waiting Period	3 months
Benefit Amount	66.7% of monthly basic earnings to a maximum of \$7,500
Qualifying Period	119 days
	Totally Disabled means a restriction or lack of ability due to an illness or injury which prevents you from performing the essential duties of:
	your own occupation, during the Qualifying Period and the 2 years immediately following the Qualifying Period
Definition of Disability	any occupation for which you are qualified, or may reasonably become qualified, by training, education or experience, after the 2 years specified above
	The availability of work will not be considered by Manulife Financial in assessing your disability.
	If you must hold a government permit or license to perform the duties of your job, you will not be considered Totally Disabled solely because your permit or license has been withdrawn or not renewed.
	5 years, but not beyond age 65, for Total Disability Benefits
Maximum Benefit Period	2 years, but not beyond age 65, for Partial Disability Benefits
Non-Evidence Limit	\$3,000
Termination	Age 65 less the Qualifying Period, or your retirement, whichever is earlier
Tax Status	The tax position of any payments you receive under this benefit depends on whether you or your employer pays the cost of the benefit.
	If your employer pays any portion of the premium for this benefit, then any payments you receive will be taxable. If you pay the full cost of the benefit, then any disability benefit payments you receive will be non-taxable.
Waiver of Premium	The premium for your Long Term Disability benefit will be waived during any period you are entitled to receive Long Term Disability benefit payments.

Benefit Details	Your Plan's Coverage
Entitlement	To be entitled to disability benefits, you must meet the following criteria:
	you must be continuously Totally Disabled throughout the Qualifying Period. If you cease to be Totally Disabled during this period and then become disabled again within 3 weeks due to the same or related illness or injury, your Qualifying Period will be extended by the number of days during which you ceased to be Totally Disabled
	Manulife Financial must receive medical evidence documenting how your illness or injury causes restrictions or lack of ability, such that you are prevented from performing the essential duties of:
	- your own occupation, during the Qualifying Period and the following 2 years, and
	- any occupation for which you are qualified, or may reasonably become qualified, by training, education or experience, after the 2 years specified above
	you must be receiving from a physician, regular, ongoing care and treatment appropriate for your disabling condition, as determined by Manulife Financial
	At any time, Manulife Financial may require you to submit to a medical, psychiatric, psychological, functional, educational and/or vocational examination or evaluation by an examiner selected by Manulife Financial.
	No benefits are payable for any disability related to:
	self-inflicted injuries or illnesses
	war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion
	medical or surgical care which is not medically necessary
	the committing of or the attempt to commit an assault or criminal offence
Exclusions	injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol
	abuse of addictive substances, including drugs and alcohol, unless you are actively participating and co-operating in an in-patient medical treatment program for substance abuse which has been approved by Manulife Financial
	a Pre-Existing Condition which causes disability within the first 12 months of your Long Term Disability coverage. A Pre-Existing Condition is any injury or illness (whether diagnosed or not) for which you were treated or attended by a physician, or for which drugs were prescribed, within 90 days prior to the effective date of your coverage
Periods for which you are not entitled to benefits  (Unless your employer is required to provide coverage because of legislation, regulation, or by law)	When you are:
	not receiving from a physician, regular, ongoing care and treatment appropriate for your disabling condition, as determined by Manulife Financial
	receiving El (Employment Insurance) maternity or parental benefits
	on lay off
	on leave of absence
	receiving earnings or payments from 'any' employer
	receiving benefits under an employer sponsored salary continuance plan
	working in any occupation, except as provided for under the Partial Disability Benefit provision
	incarcerated

Benefit Details	Your Plan's Coverage
	The amount of disability benefit payable to you is the Benefit Amount shown above reduced by any amount you receive or are entitled to receive from the following sources for the same or related disability:
	Workers' Compensation or similar coverage
	Canada or Quebec Pension Plans
	any government motor vehicle automobile insurance plan or policy, unless prohibited by law
	If necessary, the amount of your benefit will be further reduced so that your total amount from all sources does not exceed 85% of your pre-disability gross earnings (net earnings, if your benefit is non-taxable). All sources include those sources stated above and:
Amount of Disability Benefit Payable	a) any amount you receive or are entitled to receive from:
	any group, association or franchise plan
	any retirement or pension plan
	earnings or payments from any employer, including severance payments and vacation pay
	self-employment
	any government plan, excluding Employment Insurance Benefits
	b) any amount of Canada or Quebec Pension Plan benefits which another member of your family receives or is entitled to receive by reason of your disability
	Once benefits become payable, the amount of your benefit will not be affected by any subsequent cost of living increase in benefits you are receiving from other sources.
Rules we use to calculate your benefit	Manulife Financial will apply the following rules in determining your disability benefit:
	benefits payable from other sources which began before the commencement of your current Disability will not be taken into account
	benefits payable from other sources will not be adjusted to take into account any difference between the tax status of those benefits and the benefit payable by Manulife Financial
	subsequent changes in benefits from other sources, other than cost of living increases, will be taken into consideration and a new benefit amount may be established
	benefits payable under individual disability income insurance will not be taken into account
	for benefits payable other than on a monthly basis, a monthly equivalent of such benefit will be estimated by Manulife Financial
	if you do not apply for a benefit for which you are eligible, the amount of such benefit will be estimated by Manulife Financial and assumed to be paid

Benefit Details	Your Plan's Coverage
Subrogation	If your disability is caused by another person and you have a legal right to recover damages, Manulife Financial will request that you complete a subrogation reimbursement agreement when you submit your Long Term Disability claim.
	On settlement or judgment of your legal action, you will be required to reimburse Manulife Financial those amounts you recover which, when added to the disability benefits that Manulife Financial paid to you, exceed 100% of your lost income.
	Your disability benefit payments will cease on the earliest of:
	the date you cease to be Totally Disabled, as defined under this benefit, except as provided for under the Partial Disability Benefit
	the date you do not supply Manulife Financial with appropriate medical evidence documenting how your illness or injury causes restrictions or lack of ability such that you are prevented from performing the essential duties of:
	- your own occupation, during the Qualifying Period and the following 2 years, and
Termination of Payments	- any occupation for which you are qualified, or may reasonably become qualified, by training, education or experience, after the 2 years specified above
	If you are receiving a partial disability benefit, benefits will cease on the date you do not supply Manulife Financial with appropriate medical evidence documenting how your illness or injury limits you to returning to work in a reduced capacity, as defined under the Partial Disability Benefit.
	the date you do not attend an examination by an examiner selected by Manulife Financial
	the date on which benefits have been paid up to the Maximum Benefit Period for this benefit the date of your death
Recurrent Disability	If you become Totally Disabled again from the same or related causes within 6 months from the end of the period for which benefits were paid, Manulife Financial will treat the disability as a continuation of your previous disability.
	You will not be required to satisfy any applicable Qualifying Period again. The benefit payable to you will be based on your earnings as at the date of your previous disability. Benefits for all such recurrent disabilities will not be paid for a combined period longer than the Maximum Benefit Period for this benefit.
	If the same disability recurs more than 6 months after the end of the period for which benefits were paid, such disability will be considered a separate disability.
	Two disabilities which are due to unrelated causes are considered separate disabilities if they are separated by a return to work of at least one day.

Benefit Details	Your Plan's Coverage
Partial Disability Benefit	If you become Partially Disabled after qualifying for Disability Benefits, Manulife Financial will pay a Partial Disability Benefit, as outlined below.
	Definition of Partially Disabled
	During a period of 2 years following the Qualifying Period, you will be considered Partially Disabled if you are able to work in your own occupation but, due to your disability, you can only do so in a reduced capacity such that your predisability earnings are reduced by 15% or more.
	After this period, you will be considered Partially Disabled if, due to your disability, you can only work in a reduced capacity in any occupation such that your pre-disability earnings are reduced by 15% or more.
	The amount of the partial disability benefit payable to you is determined as follows:
	your disability benefit (see Amount of Disability Benefit Payable) reduced by 50% of your employment income, if you return to work, or
Amount of Partial Disability Benefit Payable	50% of your disability benefit, if you do not return to work
	If necessary, this amount will be reduced so that your total income from all sources does not exceed 85% of your predisability earnings. To account for inflation, each January your pre-disability earnings will be adjusted by the change in the Consumer Price Index for the preceding year.
Re-Employment Subsidy Benefit	If, after you qualify for disability benefits, you are unable to return to your previous job because of your disability, but you do return to alternate employment, Manulife Financial will subsidize your employer during the first 3 months of your employment.
	The amount of the subsidy benefit will be the lesser of:
	50% of your first 3 months' earnings, or
	an amount equal to your Long Term Disability benefit for one month
	The benefit is payable to your employer after you have worked for 3 continuous months.

**Submitting Claims:** Please contact your Plan Administrator 6 to 8 weeks prior to the end of your Qualifying Period. Manulife Financial will contact you to discuss details of your Long Term Disability coverage.

**Payments:** Disability benefit payments will be made monthly in arrears. Any payment for a period of less than one month will be made at a daily rate of one-thirtieth of your monthly benefit amount.

## **Benefit Details**

## Your Plan's Coverage

Vocational Rehabilitation Expense Benefit If, while receiving disability benefits, you become involved in vocational rehabilitation approved by Manulife Financial, expenses reasonably associated with your rehabilitation will be payable by Manulife Financial, provided:

the expenses have been pre-approved by Manulife Financial

the charges are reasonable, and are not payable through any other source

Expenses which will be considered under this benefit are:

rehabilitation assessment, including work capacity assessment and placement assistance

vocational counselling, re-training or education, and non-medical rehabilitation devices

## Life Insurance

You may also wish to consider supplementing this coverage by purchasing any available FollowMe, Optional or Personal Benefits coverage available for your plan.

For you as the employee Waiting Period	3 months
	3 months
	3 monus
Benefit Amount	\$50,000
Non-Evidence Limit	\$50,000
Reduction and Termination Age	Your benefit amount reduces by 50% at age 65 and further reduces to \$5,000 if applicable at age 70 and terminates at age 75 or retirement, whichever is earlier
Qualifying Period for Waiver of Premium	119 days
Waiver of Premium	If you become Totally Disabled while insured and prior to age 65 and meet the Waiver of Premium Entitlement Criteria, your Life Insurance will continue without payment of premium.  Totally Disabled means a restriction or lack of ability due to an illness or injury which prevents you from performing the essential duties of:  your own occupation, during the Qualifying Period and the 2 years immediately following the Qualifying Period  any occupation for which you are qualified, or may reasonably become qualified by training, education or experience, after the 2 years specified above  The availability of work will not be considered by Manulife Financial in assessing your disability.  If you must hold a government permit or licence to perform the duties of your job, you will not be considered Totally Disabled solely because your permit or licence has been withdrawn or not renewed.
Conversion Privilege	If your Group Benefits terminate or reduce, you may be eligible to convert your Life Insurance to an individual policy, without needing to provide medical evidence. Your application for the individual policy along with the first monthly premium must be received by Manulife Financial within 31 days of the termination or reduction of your Life Insurance. If you die during this 31-day period, the amount of Life Insurance available for conversion will be paid to your beneficiary or estate, even if you didn't apply for conversion.  See the conversion option details in the Individual plan options section.
For your spouse and your dependants	

Benefit Details	Your Plan's Coverage
Waiting Period	3 months
Benefit Amount	\$10,000 for your spouse and \$5,000 for each dependant child
Termination Age	The earlier of Plan member's age 75 or retirement
Qualifying Period for Waiver of Premium	119 days
Waiver of Premium	If you become Totally Disabled while insured and prior to age 65 and meet the Waiver of Premium Entitlement Criteria, your Life Insurance will continue without payment of premium.
Conversion Privilege	If your spouse's Life insurance terminates, you may be eligible to convert the terminated insurance to an individual policy, without medical evidence. Your spouse's application for the individual policy, along with the first monthly premium, must be received by Manulife Financial within 31 days of the termination date.  See the conversion option details in the Individual plan options section.

Your beneficiary or estate must submit a claim within 90 days of the date of death. He or she can obtain the necessary paperwork from your plan sponsor. Claims for Waiver of Premium must be submitted within 180 days of the end of the qualifying period.

If you are terminally ill and not expected to live more than 24 months, and you require financial assistance, you may qualify for a Compassionate Assistance loan.

You have the right to designate and/or change a beneficiary, subject to governing law. The necessary forms are available from your Plan Administrator.

You should review your beneficiary designation to be sure that it reflects your current intent.

# Survivor Benefit

Benefit Details	Your Plan's Coverage
If you die while your dependants are insured under the program, Manulife Financial will continue coverage for some benefits without payment of premium:  Dependant Life Extended Health Care Dental Care	Coverage will continue until the earliest of: the date your dependant is no longer a dependant the date similar coverage is obtained elsewhere the date which is 24 months from your death or the date the Group Policy terminates

## Accidental Death and Dismemberment Insurance

The amount payable for each loss is a percentage of the Accidental Death and Dismemberment benefit amount which was in effect for you on the date of your injury.

Benefit Details	Your Plan's Coverage
Waiting Period	3 months
Benefit Amount	\$50,000
Non-Evidence Limit	\$50,000
Reduction and Termination Age	Your benefit amount reduces by 50% at age 65 and further reduces to \$5,000 if applicable at age 70 and terminates at age 71 or retirement, whichever is earlier
Covered losses must:  be as a direct result of the accidental injury  have occurred within 365 days from the date of the accidental injury  be total and irreversible or irrecoverable	Loss of Life - 100%  Loss of or Loss of Use of Both Hands or Both Feet - 100%  Loss of Sight of Both Eyes - 100%  Loss of One Hand and One Foot - 100%  Loss of One Hand and Sight of One Eye - 100%
Exclusions:	Loss of One Foot and Sight of One Eye - 100%  Loss of Hearing in Both Ears and Speech - 100%
No Accidental Death & Dismemberment benefits will be payable if the loss results from any of the following:	Loss of or Loss of Use of One Arm or One Leg - 75%  Loss of or Loss of Use of One Hand or One Foot- 66 2/3%
suicide or self-inflicted injuries	Loss of sight of One Eye - 66 2/3%
war or insurrection, the hostile actions of any armed forces, or participation in a riot or civil commotion  an infection (except pyogenic infections from an accidental cut or	Loss of Speech or Hearing in Both Ears - 66 2/3%  Loss of Thumb and Index Finger or at least Four Fingers of One Hand - 33 1/3%
wound), illness or disease, or the medical treatment of any illness or	Loss of All Toes of One Foot - 25%
disease, or bodily or mental infirmity  riding in, boarding or leaving, or descending from, any aircraft as a pilot, operator or member of the crew  riding in, boarding or leaving, or descending from, any aircraft which	Loss of Hearing in each Ear - 25% Hemiplegia, Paraplegia or Quadriplegia - 200%
is owned, operated or leased by or on behalf of your employer	In the case of loss of speech or hearing, or loss of use of
committing or attempting to commit an assault or criminal offence	an arm, hand or leg, the loss must be continuous for 12
injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol	months and determined to be permanent, after which time the benefit is payable.  Only one percentage, the largest, will be paid for multiple losses to the same limb due to any one accident. No more
	than 100% will be paid for all losses due to any one accidental injury, except in the case of hemiplegia, paraplegia or quadriplegia, where the total amount paid will not exceed 200% (provided the benefit is paid while you

are living).

Benefit Details	Your Plan's Coverage
Exposure and Disappearance	If a loss occurs due to unavoidable exposure to the elements, after a conveyance in which you were travelling made a forced landing, or was lost, wrecked, stranded or sank, a benefit will be payable for that loss. The amount payable will be determined in accordance with the covered loss list.
	If you disappear after a conveyance in which you were travelling made a forced landing, or was lost, wrecked, stranded or sank, a benefit for loss of life will be payable if your body is not found within 365 days after the incident occurred.
Waiver of Premium	If your Employee Life Insurance premium is waived because you are totally disabled, the premium for this benefit will also be waived. Accidental Death and Dismemberment Waiver of Premium ends if this plan terminates.
Non-Duplication of Expenses	Expenses which are eligible under this benefit and for which you are also eligible under any other benefit, policy, or plan providing similar coverage will be paid first under such other benefit, policy or plan. Any expenses not paid under any other coverage will then be considered under this benefit, subject to any stated maximum.
	The total combined amount of payments from all coverage combined will not exceed 100% of the eligible expenses incurred.
Additional benefits related to covered losses or accident	tal death
Rehabilitation	\$10,000 maximum payment for reasonable and necessary expenses incurred within 3 years from the date of the loss listed above for a rehabilitation program in order to return to gainful employment.
Repatriation	\$10,000 maximum payment for expenses to prepare and return your body to your residence if your death, which resulted directly from an accidental injury, occurs 150 kilometres or more from your residence.
Family Transportation	\$1,500 per accident maximum payment for the hotel and travel expense incurred by a direct family member if you are confined to a hospital which is 150 kilometres or more from your residence. If travelling by a method of transportation not licensed to transport fare-paying passengers expenses are reimbursed at a rate of \$0.20 per kilometre.
Spousal Occupational Training	\$10,000 maximum payment for reasonable and necessary expenses incurred by your spouse within 3 years from the date of your loss listed above for an occupational training program to become qualified for employment for which he or she would not otherwise have sufficient qualifications.

Benefit Details	Your Plan's Coverage
Dependant Education	\$5,000 or 5% of your Accidental Death and Dismemberment benefit whichever is less is the yearly maximum for a maximum of 4 years, for the payment of tuition for each child who is enrolled as a full-time student:
	in a school for higher learning above the secondary school level at the time of your death, or
	at the secondary school level, but who enrols as a full-time student in a school for higher learning within 365 days after your death
	if you die as a direct result of an accidental injury

Claims must be submitted within 90 days of the date of injury or death. Necessary paperwork is available from your plan sponsor. Claims for Waiver of Premium must be submitted within 180 days of the end of the qualifying period.

You have the right to designate and/or change a beneficiary, subject to governing law. The necessary forms are available from your Plan Administrator.

You should review your beneficiary designation to be sure that it reflects your current intent.

## Critical Illness

You may also wish to consider supplementing this coverage by purchasing: Optional Personal Critical Illness

Benefit Details	Your Plan's Coverage
Entitlement Criteria	Manulife Financial will apply the following criteria in determining your entitlement to Critical Illness Benefits:
	Manulife Financial receives medical evidence documenting your diagnosis of a covered Critical Illness condition;
	the diagnosis of any Critical Illness is made by a Physician, practicing medicine in Canada in a specialty relating to the applicable Critical Illness.
	At any time, Manulife Financial may require you to submit to a medical examination or evaluation by an examiner selected by Manulife Financial.
Comprehensive	Benefit amount \$25,000  The benefit is payable for the first covered condition diagnosis only and you must survive at least 30 days following the diagnosis of a covered condition in order to receive the benefit.
Non-Evidence Limit	\$25,000
Reduction and Termination Age	Your benefit amount reduces by 50% at age 65 and terminates at the earliest of your retirement, attainment of age 70, or benefit payout
Waiver of Premium	If you become Totally Disabled while insured and prior to age 65 and meet the Waiver of Premium Entitlement Criteria, your Critical Illness Insurance will continue without payment of premium as long as you remain Totally Disabled and otherwise eligible up to the Termination Age.
Conversion	If you are under age 65 and your group benefits terminate, you may be eligible to convert the Critical Illness Insurance to a Personal Critical Illness policy without needing to supply medical evidence. You must apply for the coverage within 31 days of the termination of your Critical Illness Insurance.

Benefit Details	Your Plan's Coverage
Exclusions	No benefits are payable for any Critical Illness directly or indirectly related to:
	<ul> <li>any specific exclusions for a given condition as set out in the Covered Critical Illness Conditions definitions (available from the Forms and Brochures section of the Plan Member Secure Site)</li> </ul>
	self-inflicted injuries or illnesses
	abuse of addictive substances, including drugs and alcohol
	<ul> <li>war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion</li> </ul>
	the committing of or the attempt to commit an assault or criminal offence
	injuries sustained while operating a motor vehicle, either while under the influence of any intoxicant or if the insured's blood contained more than 80 milligrams of alcohol per 100 milliliters of blood at the time of the injury
	taking a poisonous substance or inhaling toxic gases or fumes
	A pre-existing medical conditions exclusion applies to coverage that is provided without completion of a detailed medical questionnaire. If you are diagnosed with a condition for which you have exhibited signs or symptoms, received or should have received medical treatment, consulted a physician, or been prescribed medication during the 24 months prior to the effective date of coverage, then during the first 24 months of coverage, no benefit is payable for a condition that is directly or indirectly related to such a pre-existing condition.
	Within the first 90 days of coverage no benefit will be paid for cancer or benign brain tumour if the insured exhibits or receives any of the following:
	a. signs or symptoms that lead to a diagnosis of cancer or benign brain tumour, regardless of the date when the diagnosis is made; or b. medical consultations, tests or any form of clinical evaluation, that lead to a diagnosis of cancer or benign brain tumour, regardless of when the diagnosis is made; or c. a diagnosis of cancer or benign brain tumour.

## Individual plan options available to purchase if you are leaving the plan

When your group coverage ends, your relationship with Manulife doesn't have to stop there. You have the option to purchase your own personal plans.

## **Conversion Option**

Some core coverage benefits (Life, Optional Life, Critical Illness, Optional Critical Illness) give you the option to purchase individual coverage when your group benefits terminate or reduce, without needing to provide medical evidence. Your application for the individual policy along with the first monthly premium must be received by Manulife Financial within 31 days of the termination or reduction of your coverage. Other specific conditions for coverage may be noted in each benefit information section of this document.

For more information on the conversion privilege, please see your Plan Administrator. Provincial differences may exist.

## FollowMe<sup>TM</sup> Health

The FollowMe Health plan is specially designed for those whose group health coverage has recently or will soon come to an end. FollowMe Health allows you to continue enjoying health and dental benefits without completion of a medical questionnaire, so there's no need to worry about interruption of coverage for you or your loved ones.

If you apply within 60 days of your loss of group health and dental benefits, you will qualify without having to complete a medical questionnaire.

With four different plans and levels of coverage to choose from, you're certain to find the FollowMe Health plan that meets your needs.

To find out more, request a brochure, get a quote, apply online or print an application, go to www.coverme.com or call 1-877-COVER ME® (1-877-268-3763)

## **Definitions**

Explanation of some of the terms used in this document

#### Co-insurance

The way the cost of a service is shared between you and your plan. It exists in addition to any deductibles. So for example, an 80% co-insurance means that after the deductible has been satisfied, your plan will cover up to 80% of the bill and you would pay the rest.

#### Co-payment

The fixed amount that you must pay towards the cost of a service each time you use your plan. Most often, co-payments exist in situations where a claim is settled at point of sale. For instance, you might see a drug benefit with a \$2.00 co-pay amount. Regardless of the cost of the prescription being filled, you are required to pay \$2.00.

#### Dependant

Your Spouse or Child who is insured under the Provincial Plan.

## Spouse

your legal spouse, or a person continuously living with you in a role like that of a marriage partner for at least 12 months.

#### Child

your natural or adopted child, or stepchild, who is:

unmarried

under the age stated below:

for Dental coverage - under age 21, or under age 25 if a full-time student;

for Extended Health Care coverage - under age 21, or under age 25 if a full-time student

for other coverages (if applicable) - under age 21, or under age 25 if a full-time student;

not employed on a full-time basis

not eligible for insurance as an employee under this or any other Group Benefit Program

a child who is incapacitated on the date he or she reaches the age when insurance would normally terminate will continue to be an eligible dependant. However, the child must have been insured under this Benefit Program immediately prior to that date

a child is considered incapacitated if he or she is incapable of engaging in any substantially gainful activity and is dependant on the employee for support, maintenance and care, due to a mental or physical disability. Manulife Financial may require written proof of the child's condition as often as may reasonably be necessary

a stepchild must be living with you to be eligible

a newborn child shall become eligible from the moment of birth

birth is defined as the complete live delivery of a child from its mother

## **Drugs**

must be prescribed in writing by a physician, dentist or other health care professional whose scope of practice within their province permits them to write a prescription;

must be dispensed by a licensed pharmacist;

must have been approved for use by Health Canada and have a drug identification number(DIN).

## RAMQ - Drug Benefit and Pharmacy Services for persons who reside in Quebec

If you and your dependants reside in Quebec, the following provisions apply to your drug benefit coverage:

drugs that are on the List of Insured Drugs that is published by the Régie de l'assurance-maladie du Québec (RAMQ List), provided such drugs are on the list at the time the expense is incurred; and

covered pharmacy services that are to be paid when the drug is on the RAMQ List; and

drugs that are listed as a covered expense under your drug plan but are not on the RAMQ List.

The following provisions apply to the coverage of drugs that are on the RAMQ List and pharmacy services for private plans, as legislated by An Act Respecting Prescription Drug Insurance and the Health Insurance Act (R.S.Q. c., A-29-01). Coverage for all other drugs will be subject to the regular provisions included in your benefit plan.

## a) Benefit Percentage

Prior to the annual out-of-pocket maximum being reached, the percentage of covered drug expenses payable under this benefit will be as follows:

- i) For any drug on the RAMQ List which is not otherwise covered under the terms of this benefit, the percentage payable is the percentage as set out by legislation.
- ii) For any Legislated pharmacy services which are not otherwise covered under the terms of the Policy, the percentage is as set out by the then applicable Legislation.
- iii) For any drug on the RAMQ List which is covered under the terms of this benefit, the percentage payable is the greater of:
- the benefit percentage stated under the benefit; or
- the percentage as set out by the then applicable legislation.

After the annual out-of-pocket maximum has been reached, the percentage of covered drug expenses payable under this benefit will be 100%.

#### b) Annual Out-of-Pocket Maximum

The annual out-of-pocket maximum is a portion of covered drug expenses or covered pharmacy services which must be paid by you and your spouse in a calendar year, before the percentage payable under this benefit will be 100%. Amounts that will be applied to the annual out-of-pocket maximum are:

- i) deductible amounts, and
- ii) the portion of covered drug expenses that is paid by an insured person, when the percentage of covered expenses payable under this benefit is less than 100%; and
- iii) covered pharmacy services that are performed by pharmacists for drugs on the RAMQ formulary.

The annual out-of-pocket maximum for you and your spouse is as stipulated in the legislation and includes those portions of covered drug expenses and covered pharmacy services relating to a drug on the RAMQ formulary paid for your dependant children.

For the purposes of calculating the out-of-pocket maximum for you and your spouse, those portions of covered drug expenses and covered pharmacy services paid for your dependant children will be applied to the person who is closest to reaching the annual out-of-pocket maximum.

## c) Deductible

Deductible amounts (if any) for the drug benefit will apply, until the annual out-of-pocket maximum is reached. Thereafter, the deductible will not apply.

## d) Lifetime Maximums

Lifetime maximums (if any) will not apply to drugs on the RAMQ List or covered pharmacy services. Drug and pharmacy service coverage provided after the lifetime maximum stated under this plan is reached is subject to the following conditions:

- i) only drugs that are on the RAMQ List are covered, and
- ii) covered pharmacy services that are performed for drugs on the RAMQ List, and
- iii) the percentage payable by Manulife Financial for covered expenses is the percentage as set out by legislation.

## e) Eligible Dependant Children

Your eligible dependant children who are in full-time attendance at an accredited educational institution will be covered until the later of:

- i) the age specified in this Benefit Booklet or
- ii) age 26.

Drug coverage and covered pharmacy services provided for dependant children after the age stated in this Benefit Booklet is subject to the following conditions:

- only drugs that are on the RAMQ List are covered, and
- covered pharmacy services performed for a drug on the RAMQ List, and

the percentage payable by Manulife Financial for covered expenses is the percentage as set out by legislation.

## f) Termination Age for Covered Drug and Pharmacy Service Expenses

Provided you are otherwise eligible for the drug benefit, the termination age (if any) for the drug benefit will not apply. Drug coverage provided after the termination age specified under The Benefit is subject to the following conditions:

- i) only drugs that are on the RAMQ List are covered,
- ii) only covered pharmacy services related to a drug on the RAMQ List,

- iii) the percentage payable by Manulife Financial for covered expenses is the percentage as stipulated in the legislation
- iv) the Annual Out-of-Pocket Maximum is as stipulated in the legislation

Coverage for drugs that are listed as a covered expense under this Benefit but not on the RAMQ List will be subject to all the standard provisions included in this Benefit Booklet.

## **Due Diligence**

A process employed by Manulife Financial to assess new drugs, existing drugs with new indications, services or supplies to determine eligibility under the plan. This process may use pharmacoeconomics, cost effectiveness analysis reference information from existing Federal or Provincial formularies, recognized clinical practice guidelines, or an advisory body.

## **Earnings**

Earnings are your regular rate of pay from your employer (prior to deductions)

including regular bonuses

including regular overtime pay

Earnings may include other income as agreed to in writing by your employer and Manulife Financial.

If you are being paid on a commission basis, your earnings will be as reported on your T4/T4A form for the previous year. If you have less than one year of service with your employer, your earnings will include an average of the total commissions paid over your actual period of employment.

For the purposes of determining the amount of your benefit at the time of claim, your earnings will be the lesser of:

the amount reported on your claim form, or

the amount reported by your employer to Manulife Financial and for which premiums have been paid.

#### **Experimental or Investigational**

Not approved as an effective, appropriate and essential treatment of an illness or injury.

## **Lower Cost Alternative**

If two or more drugs, supplies or services result in therapeutically similar results, the lower cost alternative will be considered.

## **Medical and Non Medical Travel Emergencies**

Sudden, unexpected injuries which occur or unforeseen illnesses which begin while travelling out-of-province or out-of-Canada for business or pleasure and for accidents or illnesses that were not previously diagnosed or treated in Canada.

## **Medically Necessary**

Accepted and recognized by the Canadian medical profession and Manulife Financial as effective, appropriate and essential treatment of a phase of an illness or injury. Manulife Financial has the right after due diligence has been completed to determine whether the drug, service or supply is eligible under the Plan.

## Non-Evidence Limit

The amount of insurance benefits you can receive without needing to provide proof of good health. Anything over this figure means that Manulife must review medical evidence before you are approved for the higher amount.

## **Out-Of-Pocket Maximum**

This is the maximum amount of money you will have to pay on your own before your insurance benefits begin to take over and pay. It includes things like deductibles, and co-insurance, but not things like co-payments or your monthly premium.

## **Prior Authorization**

A claims management feature applied to a specific list of drugs, supplies or services to determine eligibility based on predefined clinical criteria and a pharmacoeconomic or cost effectiveness evaluation.

## **Pyogenic Infection**

A bacterial infection or inflammation that produces a generally viscous, yellowish-white fluid formed in infected tissue. The fluid consists of white blood cells, dead tissue and cellular debris.

## Reasonable and Customary Charges

The lowest of:

the prevailing amount charged for the same or comparable service or supply in the area in which the charge is incurred, as determined by Manulife Financial; or

the amount shown in the applicable professional association fee guide; or

the maximum price established by law